Psychoeducation for the Parents of Attention Deficit Hyperactivity Disorder (ADHD) Children

This study is currently recruiting participants. (see Contacts and Locations)

Verified February 2015 by Peking University

Sponsor:
Peking University

Information provided by (Responsible Party):
Li Yang, Peking University

ClinicalTrials.gov Identifier:
NCT02368834

First received: February 12, 2015
Last updated: February 20, 2015
Last verified: February 2015

Purpose
This study designed and evaluated a psychoeducation program for parents of ADHD children in terms of improving medication adherence and clinical benefits.

<table>
<thead>
<tr>
<th>Condition</th>
<th>Intervention</th>
</tr>
</thead>
<tbody>
<tr>
<td>ADHD</td>
<td>Behavioral: psychoeducation</td>
</tr>
</tbody>
</table>

Study Type: Interventional

Study Design: Allocation: Randomized
Intervention Model: Parallel Assignment
Masking: Single Blind (Caregiver)
Primary Purpose: Supportive Care

Official Title: Evaluation of a Psychoeducation Program for the Parents of Attention Deficit Hyperactivity Disorder

Resource links provided by NLM:

MedlinePlus related topics: Attention Deficit Hyperactivity Disorder
Genetic and Rare Diseases Information Center resources: Children's Interstitial Lung Disease
U.S. FDA Resources

Further study details as provided by Peking University:
Primary Outcome Measures:

- Medication adherence rate [Time Frame: 3 months] [Designated as safety issue: No]

Estimated Enrollment: 80

Study Start Date: August 2014

Estimated Primary Completion Date: March 2015 (Final data collection date for primary outcome measure)

<table>
<thead>
<tr>
<th>Arms</th>
<th>Assigned Interventions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Experimental: intervention group</td>
<td>Behavioral: psychoeducation</td>
</tr>
<tr>
<td>A psychoeducation program was</td>
<td>The intervention included a presentation by a psychiatrist, with parent manual provided, and then two group sessions at the 2nd and 4th weeks to address further concerns of the parents</td>
</tr>
<tr>
<td>delivered to the parents/caregivers</td>
<td></td>
</tr>
<tr>
<td>No Intervention: control group</td>
<td>This group waited for 3 months, only receiving general consultation.</td>
</tr>
</tbody>
</table>

Detailed Description:

ADHD is the most common behavioral disorder with poor outcomes. Medication is the most important treatment for ADHD. The adherence to the medication is extremely low. This study aims to investigate the effect of a psychoeducation program for parents of ADHD children. We intent to recruit 80 ADHD families. They will be randomized to intervention group and control group using a block randomization design. The intervention group will participate in a psychoeducation program, which includes a presentation from a specialist in ADHD at the baseline, with parent manual provided, posters, and two group sessions at the end of the 2nd and the 4th weeks. The control group only receives general consultation. The knowledge towards ADHD and its treatment, parents' behavior intent, medication adherence, clinical symptoms, and parents' satisfaction will be assessed and compared at the end of the 1st and 3rd months after intervention.

Eligibility

Ages Eligible for Study: 6 Years to 16 Years

Genders Eligible for Study: Both

Accepts Healthy Volunteers: No

Criteria

Inclusion Criteria:

- parents of ADHD children diagnosed with ADHD
- 6 - 12 years old;
- first referral to the hospital;
- candidate for medication according to both the doctor and the family

Exclusion Criteria:

- inappropriate for medication;
- being illiterate of the parent or the primary caregiver;
- unable to be followed-up.

Contacts and Locations
Choosing to participate in a study is an important personal decision. Talk with your doctor and family members or friends about deciding to join a study. To learn more about this study, you or your doctor may contact the study research staff using the Contacts provided below. For general information, see Learn About Clinical Studies.

Please refer to this study by its ClinicalTrials.gov identifier: NCT02368834

Contacts

Contact: Li Yang, Dr. 86-10-62350880 liangli375@126.com

Locations

China, Beijing

Peking University Sixth Hospital
Beijing, Beijing, China, 100191
Contact: Li Yang, Dr. 86-10-62350880 liangli375@126.com

Sponsors and Collaborators

Peking University

Investigators

Principal Investigator: Li Yang, MD Peking University Sixth Hospital

More Information

No publications provided

Responsible Party: Li Yang, Professor, Peking University

ClinicalTrials.gov Identifier: NCT02368834 History of Changes

Other Study ID Numbers: 2011-4024-04-01

Study First Received: February 12, 2015

Last Updated: February 20, 2015

Health Authority: China: Beijing Municipal Science and Technology Commission

Additional relevant MeSH terms:

Attention Deficit Disorder with Hyperactivity
Hyperkinesis
Attention Deficit and Disruptive Behavior Disorders
Dyskinesias
Mental Disorders

ClinicalTrials.gov processed this record on February 22, 2015