Appropriate Adult Attention Deficit Hyperactivity Disorder Based on DSM-5

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Abstract
The purpose of this article is to discuss the recent proposals for the revision of the diagnostic criteria in DSM-5 by the American Psychiatric Association. The previous DSM-IV-TR ADHD diagnosis had several conceptual problems, and this revision has long been expected to resolve those problems. However, the revised DSM-5 ADHD diagnosis was not necessarily welcomed by all psychiatrists. The major concerns with the current diagnostic criteria for ADHD and, hence, the main suggestions for change, focused on the general structure and organization of subtypes or specifiers, the number, content, and distribution of criteria, the age of onset criteria, and the cross-situationality and exclusion criteria for ASD. The revised DSM-5 adult ADHD diagnosis is controversial. However, clinical research and expert consensus guidelines over the past decade have increasingly clarified the most effective approaches for the diagnosis and treatment of the disorder. Hence, the purpose of this article is to provide psychiatrists with the most up-to-date, evidence-based information on the assessment and diagnosis of adult ADHD.