The Successful ADHD Therapy Result Based on Mother's Therapy Decision Making Process

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Abstract
The purpose of this study is to find some aspects that can influence successful ADHD therapy result based on mother's decision making process. Three mothers participated in this study. Each mother has been giving behavioral, medical, and combined therapy for her child with ADHD. One mother was taken from lecturer's client and the others were taken from Mental Hospital. Interview and observation were conducted in this qualitative study. Interview and observation about decision making process and some factors that have a role in decision making process were analyzed by researcher as the result of successful ADHD therapy. Parenting, family conflict related to the therapy, satisfaction toward therapy and mother's expectation out of therapy are some aspects that can influence the successful ADHD therapy result. The result of this research shows that collaborations between psychologist, psychiatrist, parents, and teacher at school do play big parts in the successful ADHD therapy result. According to the interview between researcher and mothers, a child with behavioral therapy has the highest level of success and satisfaction of the other children. The other mothers who have been giving ADHD drugs to their children stated that medical therapy was not effective enough to cure ADHD and the ADHD symptoms would reappear if they stopped that treatment. Furthermore, those mothers, who have been handled by psychiatrist only, wanted to see psychologist. Economy factor is their hindrance to give better therapy for their children. Verbal and non-verbal violence also have been found by the researcher when observing the child who was undertaking speech therapy at the hospital.