IoT-support systems for parents with ADHD an autism

Daniel Einarson; Petra Sommarlund; Fabian Segelström

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Abstract:

This paper describes the outcomes of a one year long research project aimed at identifying and prototyping ideas for Internet of Things-based products which can help parents with ADHD or autism in their everyday life. The project was conducted according to user-centered design principles to identify ideas, which were later prototyped and made technical proof-of-concepts of. This paper focuses on the process of making the technical proof-of-concept, after initially describing the process of arriving at the ideas which were prototyped.