



7th Southern African Multidisciplinary ADHD Congress

 2 - 5 September 2026

 Virtual (South Africa Standard Time (SAST))

 Beyond Symptoms: Precision, Equity and Real-World Outcomes in ADHD

Register Today

Join us from 2-5 September 2026 for the 7th Southern African Multidisciplinary ADHD Congress, presented virtually for your convenience.

Each year, our congress seeks to bring together the latest thinking, the most relevant conversations, and the people most committed to improving the lives of those affected by ADHD. For 2026, we are proud to present the theme:

Beyond Symptoms: Precision, Equity and Real-World Outcomes in ADHD

Whether you are a long-standing colleague in the field or joining us for the first time, we invite you to be part of this important conversation. Join us as we challenge assumptions, share knowledge, and work together toward more precise care, greater equity, and better outcomes for all those living with ADHD.

[REGISTER HERE](#)

[PROGRAMME AT A GLANCE](#)

Congress Organisers

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