A Research Framework for Investigating the Benefits of Technology in Treatment and Management of ADHD in Tertiary Students

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Abstract

This paper uses current streams in health research to identify a framework for investigating the use of technology in management of ADHD. The framework incorporates a model based on a multimodal view of treatment options and is aimed at investigating university students with ADHD. The framework includes four main factors: academic performance, symptoms, technology and impacts. A grounded theory approach is described for a potential analytical technique. This framework is intended to address the significant problems of young people with ADHD when attempting to gain professional qualifications.