A Pilot Evaluation of a Multidimensional Treatment Model (MTM) of 8 to 12 Year Old Students with Mild Attention Deficit and Hyperactivity Disorder

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Abstract

Purpose:
This study aimed to identify the Multidimensional Treatment Model (MTM), for students with ADHD 8-12 years as an approximately inclusive and stable treatment.

Methods:
In this study 100 students. The students ranged in age from 8-12 years students; these were placed in two groups. Fifty students as control group and fifty students experimental group were included. Study measures pretest exam taken from Vanderbilt Assessment Scale. It was given to their parents and teachers included (NICHQ, 2002). The experimental group with their parents and their teachers were enrolled by (MTM) for 4 months while control group were not enrolled. The post measures were taken from the VAS.

Results:
Pre-test and post-test database interpretation, showed significant improvement in the group of students who were in the MTM group.

Conclusion:
In this study in addition to the current methods of treatment for children with ADHD, other Treatment techniques such as brief hypnosis, mental imagery, and mind games (chess) because of having a more stable and more persistent treatment may be of assistance.