Analysis of the Wounding-Healing Themes in Sandplay Therapy Process for Children with Emotional Instability and Attention Deficit Children

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Abstract

This study analyzed of the themes (wounding and healing); concerning the Sandplay therapy process applied to children with emotional instability and attention deficit problems. The subjects of the study were 30 elementary school children who agreed to a personal-interview with the author. They all were families of receiving basic livelihood welfare living in the same county. After the preliminary analysis, the main study data collected from subjects was analyzed by variance (t-test), frequency analysis, and correlation analysis using the standard table modified in accordance with Mitchell's classification system. Particular attention was made in the analyses of the characteristics of the subjects as members of low-income families. As the Sandplay therapy proceeded, it became evident that the wounding area showed a low frequency while the healing area featured a high frequency, and confirmed (as in previous studies) that the Sandplay therapy would be effective for children with emotional instability as well as for those with attention deficit problems. The analysis of difference between the types of children with both problems revealed that Sandplay therapy was more effective for children with emotional instability than for those with attention deficit problems. The analysis also revealed that Sandplay therapy was more effective for girls than for boys.