Transitioning Youth with Attention Deficit Hyperactivity Disorder to Adult Health Care

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Abstract

Attention deficit hyperactivity disorder (ADHD) is one of the most common childhood neurodevelopmental diseases and nearly two-thirds of children with ADHD have symptoms that persist into adulthood. Approximately 750,000 children with special health care need transition from paediatric to adult health care annually in the United States. For youth with ADHD, organised, coordinated, and systematic care transition from paediatric to adult health care providers is essential to prevent negative consequences related to unmanaged ADHD symptoms and to optimise health and promote maximum functioning. The Got Transition model's 6 core elements provide a guide to support a successful transition for adolescents with ADHD.