Counsel students with ADHD to minimize their increased driving risks

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Abstract

Most disability services providers know that attention deficit hyperactivity disorder is characterized by problems with sustained attention/concentration, distractibility, impulsivity, and sometimes hyperactivity, as well as difficulties with executive function, including planning, organizing, and time management, all of which increase the probability of having traffic accidents. Younger drivers with ADHD not only have less experience, they also have a maturational lag in executive function development. Although teens are even more likely to have accidents and violations, adults with ADHD are also at higher risk than their nondisabled counterparts.