Multidisciplinary management of attention deficit hyperactivity disorder in adults

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Abstract:

Attention deficit hyperactivity disorder (ADHD) was until recently thought to be a condition of childhood which remitted before adulthood. Characterized by difficulties sustaining attention, overactivity, and problems with impulse control, the condition affects around five per cent of children. There is now an established body of research showing that in at least half of ADHD cases, symptoms continue to pose clinically significant difficulties into adulthood. The DSM-5, released in 2013, now provides adult-specific criteria, including a reduced symptom count for adults compared with children (five rather than six symptoms in each criteria).