Informativeness of Self-Reports of ADHD Symptoms in Monitoring Response to Stimulant Treatment in Clinically Referred Adults With ADHD


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Abstract

OBJECTIVE:
To investigate the informativeness of self-reports of ADHD symptoms in adults with ADHD in the clinical setting.

METHOD:
Subjects were clinically referred adults aged 19 years to 67 years of age of both sexes (N = 54). All subjects were on stable doses of stimulant and were considered responders to treatment. ADHD symptoms were assessed using the ADHD Investigator Symptom Rating Scale (AISRS) and the ADHD Self-Report Scale (ASRS). Spearman's rank correlations were used to assess the correlations between clinician-assessed ADHD and patients' self-reports.

RESULTS:
Spearman's rank correlation analysis found evidence of a strong, positive association between total scores on the AISRS and the ASRS (rs = .65, df = 52, p< .001).

CONCLUSION:
Results have important implications for the management and monitoring of treatment response in the clinical setting through patients' self-report.