# Brain Connectivity in Attention Deficit Hyperactivity Disorder (ADHD) (BCADHD)

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Clinical Trials.gov Identifier: NCT03709940

Recruitment Status: Completed First Posted: October 17, 2018 Last Update Posted: October 17, 2018

**Sponsor:** 

King's College London

Collaborator:

Shire

Information provided by (Responsible Party):

King's College London

- Study Details
- Tabular View
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- <u>Disclaimer</u>
- How to Read a Study Record

# **Study Description**

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Brief Summary:

This study investigates whether a relationship exists between pre-treatment brain characteristics and treatment response in adults with Attention Deficit Hyperactivity Disorder (ADHD).

## Condition or disease

Attention Deficit Hyperactivity Disorder (ADHD)

## Detailed Description:

There is a pressing need in psychiatry to offer more individualised treatments, and to improve outcomes from clinical trials. This 'individualised medicine' approach requires the development of biomarkers of treatment response.

60 adults with ADHD are recruited from the Adult ADHD Clinic at the Maudsley Hospital, London, United Kingdom.

The study is developed over three sessions, two at baseline (DAY 1 and DAY 2) and one after two months of treatment (follow-up).

The first two sessions are conceived as a single-blind non-randomised placebo-controlled cross-over experiment. The first 30 participants enrolled in the study receive a placebo tablet (ascorbic acid 50 mgs) on DAY 1 before the behavioural assessment and magnetic resonance imaging (MRI) scan. The behavioural assessment and the functional MRI measurements are repeated two days after (DAY 2), under a clinically effective dose (20 mgs) of short-acting methylphenidate (MPH).

The order of the tablets is reverted for the remaining 30 participants to balance any potential expectation and practice effect between the two conditions. Placebo and medication are over-encapsulated with the same red opaque capsules by the pharmacy team. Also, the protocol followed during the two sessions is absolutely identical

in respect of timing and tests administered in order to keep the participants blind to the drug condition (medication or placebo).

After the scanning sessions, all the participants receive the same prescription of a long-acting formulation of MPH, according to the clinical guidelines adopted by the Maudsley Hospital. Treatment response is evaluated clinically and behaviourally after 2 months of treatment (follow-up). Pre-treatment brain characteristics are tested as potential predictors (biomarkers) of treatment response.

## Study Design

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Study Type: Interventional (Clinical Trial)

Actual Enrollment: 60 participants

Allocation: Non-Randomized

Intervention Model: Crossover Assignment

Intervention Model Description: 30 participants with Attention Deficit Hyperactivity Disorder (ADHD)

undergo behavioural tests and brain scanning twice, once under placebo and once under an acute dose of methylphenidate (MPH). The order of the tablets is inverted for the second half of the sample, thus the last 30 participants undergo behavioural tests and brain scanning twice, once under an acute dose of MPH and once under placebo. All 60 participants are then treated with a long-acting formulation of MPH used routinely at the Adult ADHD Clinic.

Masking: Single (Participant)

Masking Description: The first part of the study (DAY 1 and DAY 2) is conceived as a single-blind

placebo-controlled cross-over experiment. Participants are blind to the order of the tablets (placebo and MPH). After the two scanning sessions, all 60 participants are started on a long-acting formulation of MPH used routinely at

the Adult ADHD Clinic (open trial phase).

Primary Purpose: Other

Official Title: Brain Connectivity in Attention Deficit Hyperactivity Disorder (ADHD): a

Biomarker to Predict Treatment Response

Actual Study Start Date: May 3, 2013

Actual Primary Completion Date: January 15, 2015

Actual Study Completion Date: March 10, 2016

## Resource links provided by the National Library of Medicine

MedlinePlus related topics: Attention Deficit Hyperactivity Disorder

Drug Information available for: Methylphenidate Methylphenidate hydrochloride

U.S. FDA Resources

#### **Arms and Interventions**

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Arm	Intervention/treatment
Experimental: Placebo, MPH	Drug: MPH Participants undergo behavioural tests and brain scanning twice, once under placebo and once under an acute dose of MPH, before

Dose order: placebo, methylphenidate starting long-term treatment with a long-acting formulation of MPH used routinely at the Adult ADHD Clinic. (MPH) Other Name: Methylphenidate Participants receive a placebo tablet (ascorbic acid 50 mgs) on DAY 1 and a clinically effective dose of short-acting MPH (20 mgs) on DAY 2. Experimental: MPH, Placebo Drug: MPH Dose order: methylphenidate (MPH), Participants undergo behavioural tests and brain scanning twice, once under placebo and once under an acute dose of MPH, before placebo starting long-term treatment with a long-acting formulation of MPH Participants receive a clinically effective used routinely at the Adult ADHD Clinic. dose of short-acting MPH (20 mgs) on Other Name: Methylphenidate DAY 1 and a placebo tablet (ascorbic acid 50 mgs) on DAY 2.

#### **Outcome Measures**

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#### Primary Outcome Measures:

1. Diffusion imaging-based measurements as statistically significant predictors of treatment response (i.e. of participants' performance on adult ADHD rating scale at follow-up as compared to baseline). [Time Frame: In the month 2-3 following the last scan.]

Diffusion based measurements include specific measures of anatomical connectivity of pathways originating in the frontal lobes, such as the fronto-striatal pathways and the superior longitudinal fasciculus. According to previously published criteria, treatment response is defined as a symptomatic improvement of at least 30%, as measured by participants' performance on adult ADHD rating scale at follow-up as compared to baseline.

## Secondary Outcome Measures:

1. Functional connectivity measurements as statistically significant predictors of treatment response (i.e. of participants' performance on adult ADHD rating scale at follow-up as compared to baseline). [Time Frame: In the month 4-5 following the last scan.]

Functional connectivity measurements include the strength of functional connectivity along pathways originating in the frontal lobes, such as the fronto-striatal pathways and the attentive networks. Treatment response is defined as in outcome 1.

2. Diffusion imaging-based measurements as statistically significant predictors of treatment response defined by a data-driven approach. [Time Frame: In the month 6-7 following the last scan.]

A categorical approach (data-driven analysis using multivariate k-mean clustering) is used to define treatment response on the basis of clinical and behavioural characteristics at follow-up. Clinical characteristics include participants' performance on adult ADHD rating scale at follow-up as compared to baseline, whereas behavioural characteristics include participants' performance on the Qb test at follow-up as compared to baseline.

3. Functional connectivity measurements as statistically significant predictors of treatment response as defined by a data-driven approach. [Time Frame: In the month 8-9 following the last scan.]

Treatment response is defined as in outcome 3.

## Eligibility Criteria

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## Information from the National Library of Medicine

Choosing to participate in a study is an important personal decision. Talk with your doctor and family members or friends about deciding to join a study. To learn more about this study, you or your doctor may contact the study research staff using the contacts provided below. For general information, <u>Learn About Clinical Studies.</u>

Ages Eligible for Study: 18 Years to 45 Years (Adult)

Sexes Eligible for Study: Male Accepts Healthy Volunteers: No

Criteria

#### Inclusion Criteria:

- males
- aged 18-45 years old
- intelligent quotient (IQ) > 70 (as measured by WASI)
- diagnosis of ADHD confirmed through clinical assessment (Adult ADHD Clinic)
- non-medicated (stimulant medication-naive or not taking stimulant medication for at least 4 weeks)

#### Exclusion Criteria:

- no other brain disorders other than ADHD
- no condition precluding MRI scanning (e.g., metallic implants, claustrophobia)

#### **Contacts and Locations**

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## Information from the National Library of Medicine

To learn more about this study, you or your doctor may contact the study research staff using the contact information provided by the sponsor.

Please refer to this study by its ClinicalTrials.gov identifier (NCT number): **NCT03709940** 

#### Locations

#### **United Kingdom**

King's College London London, United Kingdom, SE5 8AF

## **Sponsors and Collaborators**

King's College London

Shire

## **Investigators**

Study Director: Declan Murphy, MD, PhD King's College London

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Responsible Party: King's College London

Clinical Trials.gov Identifier: NCT03709940 History of Changes

Other Study ID Numbers: ConnectADHD

First Posted: October 17, 2018 Key Record Dates

Last Update Posted: October 17, 2018 Last Verified: October 2018

Individual Participant Data (IPD) Sharing Statement:

Plan to Share IPD: No

Studies a U.S. FDA-regulated Drug Product: No
Studies a U.S. FDA-regulated Device Product: No
Product Manufactured in and Exported from the U.S.: No

Keywords provided by King's College London:

longitudinal study treatment response magnetic resonance imaging (MRI) methylphenidate brain connectivity stimulant medication

biomarker

Additional relevant MeSH terms:

Disease Signs and Symptoms
Attention Deficit Disorder with Hyperactivity Methylphenidate

Hyperkinesis

Pathologic Processes

Attention Deficit and Disruptive Behavior Disorders

Central Nervous System Stimulants
Physiological Effects of Drugs
Dopamine Uptake Inhibitors

Neurodevelopmental Disorders

Mental Disorders

Neurotransmitter Uptake Inhibitors

Membrane Transport Modulators

Dyskinesias Molecular Mechanisms of Pharmacological Action

Neurologic Manifestations
Nervous System Diseases

Dopamine Agents
Neurotransmitter Agents